



# RLSS Aquatic Therapy Pool Rescue Award (ATPRA)

The RLSS Aquatic Therapy Pool Rescue Award (ATPRA) is a supervision and rescue award for Aquatic Therapists and support workers working during programmed activities.

It is suitable for those working in a range of swimming pools, including where the water is deeper than your standing depth.

The award comes in two versions; ATPRA and ATPRA Light. So, which do you need for your Aquatic Therapy sessions?



Developed by  
the RLSS



Delivered by  
Eureka Training

## Which award do you need?

Do you have lifeguards or first aiders that are available to respond quickly to a therapist or support worker in the event of an emergency?

Yes

No

### ATPRA Light

1-day course

- Water Safety Knowledge
- Rescue Skills

### ATPRA

2-day course

- Water Safety Knowledge
- Rescue Skills
- Resuscitation & First Aid